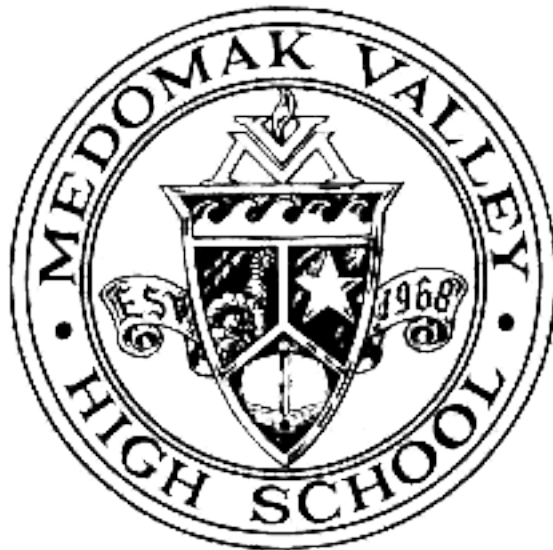


# *Medomak Valley High School*

*A guide to Parent – Coach Communication*



**Mathew J. Lash**

*Athletic Director*

207-832-5389 ext.129

Matt\_Lash@sad40.k12.me.us

## **Parent/Staff Communications**

*Involvement requires commitment for students, parents, coaches, and advisor.  
To be successful, communication must happen.*

### **COMMUNICATION YOU SHOULD EXPECT FROM YOUR STUDENT' COACH:**

- 1.) When and where are practices and contests.
- 2.) What is the coach's philosophy.
- 3.) What are the expectations that coach has for all the players on the squad as well as your student.
- 4.) What is required to be part of the team, i.e. fees, special equipment, off-season conditioning.
- 5.) When your child is injured during participation.
- 6.) Any discipline action of your child that results in removal from participation.

### **WHAT ARE APPROPRIATE CONCERS TO DISCUSS WITH COACHES:**

- 1.) The treatment of your child, mentally and physically.
- 2.) Skill improvement and development.
- 3.) Concerns about your student's behavior.

### **WHAT THINGS ARE NOT APPROPRIATE TO DISCUSS WITH COACHES:**

- 1.) Playing time
- 2.) Team strategy
- 3.) Play calling
- 4.) Other student-athletes

### **COMMUNICATION COACHES EXPECT FROM PARENTS:**

- 1.) Concerns expressed directly to the coach.
- 2.) Notification of any schedule conflicts well in advance.
- 3.) Support towards the commitment of the program.
- 4.) Be sure your student is at practice on time.
- 5.) The night before a contest performance, maybe going to the all night concert is not a good idea.

**IF YOU HAVE A CONCERN TO DISCUSS WITH A COACH, WHAT PROCEDURE SHOULD BE FOLLOWED:**

- 1.) Make an appointment with the coach.
- 2.) If the coach cannot be reached, call or e-mail the Athletic Director.
- 3.) Please do not attempt to confront a coach before, during, or after a contest or practice. These are emotional times for both the parent and the coach and this period does not promote objective analysis of the situation.

**WHAT CAN A PARENT DO IF THE MEETING WITH THE COACH DID NOT PROVIDE A SATISFACTORY RESOLUTION:**

- 1.) Call and set up an appointment with the Athletic Director to discuss the situation.
- 2.) At this meeting, the appropriate step can be determined.

*We are continually attempting to improve our communication with the students and parents. For our programs to be truly successful, it is necessary that everyone involved understand the direction the program is headed. That understanding begins today.*

**CLASS**

There are two ways to do anything in life – with classes, or without classes. Classes don't make you any less a competitor, nor any less aggressive. You do not lose your edge by having class.

Class actually gives you an edge on your opponent. You have poise that will allow you to concentrate more, and by concentrating more, you'll win more.

What is class?

It's something that's hard to define but easy to recognize. It's being a good person, always taking responsibility and showing consideration for the consequences your actions have for others. It's having human, poise, confidence, and above all, tremendous pride.

Class people handle victory and defeat in the same way – graciously, with their heads held high. They do not brag in victory or make excuses in defeat.

“If you have class, you don't need much of anything else. If you don't have it, whatever else you have won't make up the difference.”

Fame, fortune, trophies, etc, are all fine, but they alone can't give you class. Only you can give yourself that – only you can give yourself class.