



# Union Elementary School

1070 Heald Hwy  
Union, ME 04862  
207-785-4330

Scott A. White, Principal  
Allison Davis, Administrative Assistant  
November 9, 2023



## Dates to Remember

**Thursday, November 9th**  
Parent/Teacher Conferences  
Grades 5 & 6

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**Thursday, November 9th**  
PTC Meeting @ 6:00 p.m.

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**Friday, November 10th**  
**Veteran's Day observed- No School**

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**Parent/Teacher Conferences**  
November 13 - Grades PK-6  
November 14 - Grades PK-4

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**Wednesday, November 15th**  
Early Release Day  
Dismissal @ 1:15 p.m.

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**November 22-24**  
**Thanksgiving Break- No School**

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**November 30th**  
Grades 5 & 6 Field Trip to see The  
Nutcracker in Camden

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**Friday, December 1st**  
Trimester 1 Ends

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**Wednesday, December 6th**  
Early Release Day  
Dismissal @ 1:15 p.m.

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**Thursday, December 7th**  
Grades 5 & 6 Field Trip to GRMI  
11:20 a.m.- 5:10 p.m.

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**December 25th - January 1st**  
**Christmas Vacation**  
**No School**

## Principal's Remarks

### Building Safety at UES

As an additional safety measure to keep the building more secure, we are going to keep all exterior doors locked at all times, including ACE drop off and pick up. This may make things less convenient, but convenience shouldn't take priority over safety. ACE families need to text Dawn Hannan @ 542-2327 when you arrive to drop off or pick up and a member of the ACE personnel will come and let you into the building.

### PTC Info

The UES PTC will be meeting tonight, Thursday, November 9, to make plans for the Gingerbread Gala. Stay tuned for more information on this family friendly event.

### Snow is here!

This is a friendly reminder to make sure your child is properly dressed for recess. We are seeing lots of sweatshirts, but many students do not have coats, hats, or mittens when they go outside. Dressing in layers with a heavy winter coat is part of living in Maine and we want our students to be safe outside during recess. Please make sure your child has the appropriate clothing. We do have funds available to help purchase items for those who need a little extra support to ensure their children are properly attired. Thank you.

### Parent/Teacher Conferences

- November 9- Grades 5 & 6
- November 13 - Grades PK-6
- November 14 - Grades PK-4



## Students recognized for positive behaviors!!

## Super Citizens

Our PBIS monthly theme for November is Positive Attitude - I will show a growth mindset.

Congratulations to the following students for being recognized this week for our targeted positive behavior:

- Pre K - Brayson Gamage & Thatcher Skidgel
- Kindergarten - Addie Hatch & Ashton Bowen
- 1st Grade - Bristol Wilcox & Ezra Miller
- 2nd Grade - Cassie Heath & Natalie Moody
- 3rd Grade - Amara Bendtson & Oliver Carpentier
- 4th Grade - Brayden Bendtson & Jack Girtman
- 5th Grade - Uly Dougherty & Calvin Ward
- 6th Grade - Jordan Elwell & Ashlynn Ott



**POSITIVE  
MINDSET**

## Student Feature: Hanah Thompson Grade: 3



**I like UES because** - we get to play outside a lot. I like to play gaga ball. My friends and I pretend to be different animals - that's fun too.

**My favorite books include** - any books about horses like *The Pony Club Series* and *My Little Pony*. I also like books about Minecraft.

**I like to watch** other people play games on Youtube. I really like the game where players collect diamonds. It's called Just Grab The Diamond.

**My favorite singers and bands include** - My mom and I both like Taylor Swift. Our favorite song is "Blankspace". I also like to listen to "I Got My Head Out The Sunroof".

**My favorite foods include** - hot dogs and hamburgers with ketchup, french fries - Miss Dawn's is the best ever. For dessert, I like chocolate chip ice cream with whipped cream and sprinkles.

**My hobbies include** - watching my brother Jaydiin play football, cheerleading, swimming at Beaver Lodge, riding horses, and hunting with my dad.

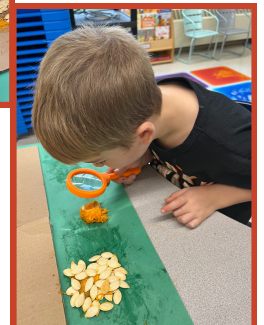
**When I grow up I want to be** - a cheerleading coach or professional motocross bike rider.

**If I could live anywhere in the world I'd live in** - Maine and California

## Pre-K Pumpkin Exploration

Thank you to Beth's Farm Market for donating the pumpkins and gourds!

We appreciate your support to UES.





### 3rd & 4th Graders at Old Fort Western

Students in 3rd and 4th grade spent the day at Old Fort Western, immersed in 18th century daily life. Students participated in a hearth-based activity where they prepared a typical breakfast of that time. They learned about the daily chores of children their age, chopping wood and going to the well for water. Students were also taught about how fabric was made in the 18th century, through weaving, carding and spinning wool. Finally, they participated in a bed chamber activity where they made an 18th century bed.



### Kids Missing Coats

We have several coats hanging up in our lobby which belong to students. Please ask your child to check the coat rack if they are missing their jacket. Feel free to grab a jacket during your parent-teacher meetings if it belongs to your child.



**First Snow run  
around the flagpole  
featuring Mrs. Munro  
and the 4th graders!!**





THE MVHS PLAYERS PRESENT



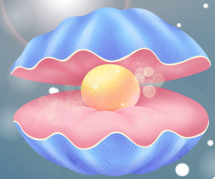
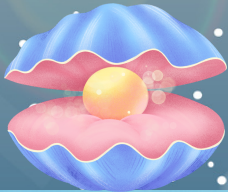
Disney  
**THE LITTLE MERMAID**

Music by **ALAN MENKEN**      Lyrics by **HOWARD ASHMAN & GLENN SLATER**      Book by **DOUG WRIGHT**

Based on the Hans Christian Andersen story and the Disney film produced by Howard Ashman & John Musker and written & directed by John Musker and Ron Clements

November 3, 4, 10, 11 @ 7:00PM      Reserved.....\$14.00  
5 & 12 @ 2:00PM      General Admission:  
Adults.....\$12.00  
Students & Seniors.....\$10.00

Purchase tickets @ <http://msad40.tix.com>  
or call 207-832-5389 x333 for reservations



**WINTER YOUTH BOYS BASKETBALL CLINIC**

**2023-2024 Season**

GRADES 3-6

at MEDOMAK VALLEY HIGH SCHOOL

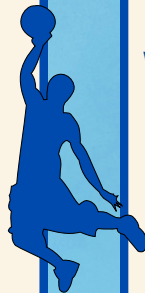
**NOVEMBER 18th**

**Grades 3/4 9:00-10:30**

**Grades 5/6 10:30-12:00**

Participants will be able to register at the clinic. You can also email or call Coach DePatsy and Coach Starr. THIS PROGRAM WILL BEGIN ON NOVEMBER 20th AND END ON JANUARY 20th.

Coach DePatsy 207-542-3671  
[nick.depatsy@fivetowns.net](mailto:nick.depatsy@fivetowns.net)  
Coach Starr 207-975-4145



**GIRLS YOUTH BASKETBALL CLINIC**

Medomak Valley High School and Medomak Middle School will be the site for an upcoming girls youth basketball clinic.

The clinic will be run by MVHS Girls Varsity Head Coach Lindsay Vinal and Assistant Richie Oliver on Saturday, November 18th with the program starting on November 20th.

The November 18th clinic will be at MMS from 9-10:30 for grades 3 & 4, and 10:30 - 12 for grades 5 & 6.

Participants can register at the clinic for the upcoming season which will run Monday, November 20th - Saturday, January 20th.

For more information, or to sign up, contact Coach Vinal at [vinallindsay@gmail.com](mailto:vinallindsay@gmail.com)



# ORAL HEALTH

Tips for Families from the National Center on Early Childhood Health and Wellness

## You Can Promote Good Oral Health By:

- Knowing how to make sure you and your family have healthy mouths and teeth
- Helping your children learn good mouth and teeth habits

### Why is it important?

When Children Have a Healthy Mouth, They:

- Can speak clearly
- Can eat healthy foods
- Feel good about themselves

Having a Healthy Mouth Also Means:

- Healthy growth and development
- Being able to focus and learn
- A pain-free mouth
- Lower dental care costs for your family



## Things You Can Do to Help Your Child

- Brush your child's teeth with fluoride toothpaste twice a day.
- If your child is younger than 3 years, brush with a smear of fluoride toothpaste.
- If your child is age 3 to 6 years, brush with a pea-size amount of fluoride toothpaste.
- Young children will want to brush their own teeth, but they need help until their hand skills are better. Brush children's teeth or help children brush their teeth until they are about 7 or 8 years old.
- Be a role model for oral health! Brush your teeth with fluoride toothpaste twice a day (in the morning and at bedtime) and floss once a day.
- Serve healthy meals and snacks like fruits, vegetables, low-fat milk and milk products, whole-grain products, meat, fish, chicken, eggs, and beans.
- Limit the number of snacks your child has in a day.
- Do not give your child food for rewards.
- Take your child to the dentist for a check up by her first birthday and keep taking her.
- If your child has not gone to the dentist take him.
- Ask your dentist what you can do to keep your mouth and your child's mouth healthy.
- Make sure to go to the dentist as often as your dentist would like you to go.
- Let your child care, Early Head Start, or Head Start program know if you need help or have questions about oral health.



DEPARTMENT OF  
CHILDREN & FAMILIES



NATIONAL CENTER ON  
EARLY CHILDHOOD  
HEALTH AND WELLNESS

National Center on Early Childhood Health and Wellness Toll-free phone: 888-227-6125 E-mail: [health@ecosta.info](mailto:health@ecosta.info)

PAGE 1 OF 1

## Keep your Child Away from Lead

Lead TipSheet #5



Here are **4 things you can do to keep your child away from lead.** If you know that you have lead paint in your home or you think you might, use this tipSheet to help keep your children away from lead.

Toddlers at ages 1 and 2 are more likely to be around lead. They can get lead dust or lead paint chips into their bodies because they often put their hands, toys or other things in their mouths. They also play where lead dust may be—like on floors and near window sills.

### 1

#### Keep Play Areas Clean

- Think about all the places in your home where your child plays.
- See if there is peeling or chipping paint. Pick up any paint chips and throw them away.
- Wash the floor or vacuum the carpet often (use a HEPA vacuum).
- Put furniture in front of window sills with chipping paint so your child can't get to them.
- If you live in an apartment, don't let children play in the hall, stairs or on the porch.

### 2

#### Wash up Dust

- A little bit of lead dust can easily spread over your entire house or apartment. Frequent cleaning using wet mops and rags can help reduce the amount of lead dust in your home.
- Wash window sills, trim around windows and doors and other areas children touch.
- Wash floors once a week.
- Go to the homeowners' section at [maine.gov/healthyhomes](http://maine.gov/healthyhomes) for more information.

### 3

#### Test Your Child for Lead

- Talk to your child's doctor about a blood lead test for your child.
- Maine requires all children be tested at 1 and 2 years of age.
- If your child's blood lead test comes back high, your child will need other lead tests to make sure the lead is leaving the body.
- Make sure you go to all the appointments with your child's doctor.
- Go to the parents' section at [maine.gov/healthyhomes](http://maine.gov/healthyhomes) for more information.

### 4

#### Keep Lead Out of your Child's Mouth

- Wash hands before eating and sleeping.
- Wash toys weekly.
- Don't let children eat food or use pacifiers that have fallen on the floor.
- Feed children at a clean table or in a high chair.

#### Protect your family.

- Check this website: [maine.gov/healthyhomes](http://maine.gov/healthyhomes)
- Call for advice: **866-292-3474** • TTY: Call Maine Relay 711



## 5<sup>th</sup> Annual Prescott Memorial School Holiday Bazaar

Date: Saturday, November 18th

Time: 9:00 am to NOON

Place: Prescott Memorial School  
100 Waldoboro Road  
Washington, ME 04574

Please contact the school at 845-2424 to rent a space.

\$20 per 7'x7' floor space w/table

\$15 per 7'x7' floor space w/o table

## Hiring - Morning A.C.E. Childcare Under New Management

After-school Children Enrichment- Childcare Program (Union)

\$16 to \$17 hour depending on experience  
Morning (7:00-8:30 am)

Start Date: November (when fingerprinting status is complete)

Additional Hours (early release, workshop days, vacations and summer)

Benefits Included (free childcare for dependents and free trainings)

- Enjoys working and playing with children while supervising
- Needs to be able to create lesson plans, clean up after children's activities and work well as a team.

Requirements:

- Child Care State Fingerprinting approval with clean background check - We can help you!
- CPR/First Aid (paid training) - We can help you!
- Must be 17 years or older
- Works well with parents, staff and community members

Call Stacey Fowler (Director) @ 701- 8407 or email at [stacey\\_fowler@rsu40.org](mailto:stacey_fowler@rsu40.org) for an application or if you have any questions about the program.