



**Prescott Memorial School**  
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[www.RSU40.org](http://www.RSU40.org)  
 Crystal Boucher, Principal  
 Mary Ledger, Administrative Assistant  
**2/27/26 NEWSLETTER**



**\*Respectful\***

**\*Responsible\***

**\*Ready & Safe\***

**Dates to Remember**

- Mar. 2-6 Read Across America - SPIRIT WEEK (See day themes) & National School Breakfast Week
- Mar. 2 - 3:05 - 4:15 Gr. K-1 -Chickadees at Gibbs Library (Snow date: Mar. 3)
- Mar. 3 - 5 p.m. - Parent-Teacher Group meeting
- Mar. 4 - EARLY RELEASE DAY - Dismissal at 1:15
- Mar. 6 - 8:45 - 12:15 Gr. 4 Skiing at Camden Snow Bowl
- Mar. 13 - NO SCHOOL - Teacher Workshop

**BREAKFAST & HOT LUNCH MENU**  
**All breakfasts include Milk, Fruit or Juice**  
**All lunches include Vegetable, Fruit & Milk**  
**B - Breakfast ~ L - Lunch**

Mon. - **B** -Knights Pocket of Armor or Chariot Wheels  
 - **L** -Hop on Pop Popcorn Chicken or Turkey & Cheese Sandwich

Tues. - **B** -Sword Dippers or Royal Lemon Bread  
 - **L** -Taco Haystack or Turkey & Cheese Sandwich

Wed. - **B** -Jester's Trix Muffin or Queens Cinnamon Crumble Cake  
 - **L - Choice A** Cheese or **Choice B** Pepperoni Pizza or Turkey & Cheese Sandwich

Thur. -**B**-Crown Jewels Churro Parfait or Sticky Boulders  
 - **L -Choice A** Hotdog on WG Bun, **Choice B** Cheeseburger on WG Bun or Turkey & Cheese Sandwich

Fri. -**B** -Lady Dawn's Choice or Chateau of Cereal  
 - **L** -Mac' n Cheese or Turkey & Cheese Sandwich

Menu subject to change - cold lunch milk 50¢  
 Student Breakfasts and Lunches are Free  
 Adult Hot Lunch - \$5.50

Prescott Memorial School Presents  
**READ ACROSS America Spirit Week** Books Bring Us Together  
**March 2 - 6**

**MON**  
**Crazy Sock Day**  
 Books knock our SOCKS off!  
 Wear your wackiest socks today!

**TUES**  
**Character Dress-Up Day**  
 Students are invited to dress as their favorite book character. Princes, princesses, and knights are welcome, too, as we celebrate National School Breakfast Week!

**WED**  
**Stuffy Day**  
 Bring one small stuffed animal (backpack size) to be a reading buddy for the day.

**THURS**  
**Wild Readers Day**  
 Wear animal print or something with your favorite animal on it. Let's show how books bring out our wild side!

**FRI**  
**Colorful Readers Day**  
 Wear your class color:  
 PreK-Purple  
 K-Red  
 1-Yellow  
 2-Blue  
 3-Orange  
 4-Green  
 5-Gray  
 6-Black

DO YOU HAVE A SPECIAL TALENT YOU WOULD LIKE TO SHARE??

**PRESCOTT'S GOT TALENT**

AUDITIONS WILL BE HELD ON  
**APRIL 2<sup>ND</sup> AT 3:30**

COMEDY DANCING MAGIC  
 SINGING MUSICAL INSTRUMENTS AND MORE!  
 SKITS

CONTACT MRS. VANNAH OR MRS. GRINNELL WITH ANY QUESTIONS

**Spring 2026** with Community Health

**5 Tips for Digital Habits**  
 1. Build a family media plan  
 2. Balance screen time and family time  
 3. Talk about social media use  
 4. Set a good example  
 5. Use content and privacy settings  
 American Academy of Pediatrics

**School Meals Update**  
 School meals are not high in sugar! Starting fall of 2025, breakfast cereals, yogurt, and flavored milk served at school will have limits on added sugars. By fall 2027, on average, no more than 10% of the weekly calories in school meals will be from added sugars. USDA

**Did you know?**  
 Maine's tobacco tax recently increased from \$2.00 to \$3.50 per pack for cigarettes and from 43% to 75% of the wholesale price for all other tobacco and nicotine products.  
 Make 2026 the year you quit for good! Call 1-800-QUIT-NOW for free support!

**Be a Safe Biker and Walker!**  
 Warm weather is coming which means more walks and bike rides! Biking or walking boosts energy and builds healthy habits.  
 Here are a few simple ways to keep the journey safe and fun:  
 • Wear a properly fitted helmet  
 • Practice & teach road rules with kids  
 • Stay visible: Wear bright clothing, reflectors and lights to help drivers see  
 Check out the [Bicycle Coalition of Maine](http://BicycleCoalitionofMaine.org) for more safety tips!

**Explore the Outdoors**  
 Nature trails provide free opportunities to explore the outdoors with your family. Check out Coastal Mountains Land Trust & Georges River Land Trust to find trails near you!

Prevention efforts supported by the Maine CDC  
 Midcoast Public Health District

**ATTENDANCE INCENTIVE**  
 Each week, the class with the best attendance will get the "Attendance Panda" in their room for the week. Last week's winning class was Grade 4.



**Get Poppin' for Prescott!!**

Most Fridays, students will have an opportunity to purchase a bag of freshly popped popcorn for \$1 as an afternoon snack. All proceeds will directly benefit Prescott Memorial School by funding class activities, PBIS celebrations and more! Help support our school and enjoy a tasty treat!

## POSITIVE BEHAVIOR AT PRESCOTT MEMORIAL SCHOOL

At Prescott Memorial School, we focus on a different habit each month as part of our positive behavior program. This month, our habit was: **Seek First to Understand, Then to be Understood**. This Week's focuses: **I Try to See Things From Others Viewpoints** and **I Look People in the Eye and Listen to Them Without Interrupting**. Students who earn a Panda High Five also receive 5 panda points and a feature in our newsletter to celebrate their hard work for the week.

We encourage our students to practice these habits both at school and at home, providing a wonderful opportunity for families to connect and reinforce these values together.

This week's Panda High Five recipients are:



London~George~Frankie~Lincoln~Callum~Logan~Bria~Kaley



Jameson~Aidan~John~Arthur~Aria~Henry~Roric  
(missing from photo: Madison)