

Prescott Memorial School

100 Waldoboro Road Washington, ME 04574 Phone 845-2424 Fax 845-2748 www.RSU40.org

Crystal Boucher, Principal Mary Ledger, Administrative Assistant

12/22/23 NEWSLETTER



Respectful

Responsible

Ready & Safe

Dates to Remember Dec. 25 - Jan. 1 -HOLIDAY BREAK - NO SCHOOL Jan. 10 - EARLY RELEASE DAY - Dismissed at 1:15

WRESTLING

MMS Wrestling begins on Wednesday, January 17 and is open to all RSU 40 students grades 5-8. Students interested in participating should sign up in the MMS main office. A current sports physical is required to start on January 17. Sports physicals are good for two years. Required forms are: Sports participation form, Concussion Information sheet and COVID consent form and can be found at <u>www.rsu40.org</u>. Click on "Programs", "Athletics" and then "Athletic Forms". FMI or to sign-up contact Mr. Lash at 542-1475 or <u>matthew_lash@rsu40.org</u>.

COLD WEATHER ALERT

Please be sure your child comes to school prepared for outdoor recess. While there are occasional days students spend recess indoors, most days they are outside for a period of 25 minutes at lunchtime. We recommend that all students have appropriate outer-wear (jacket, snow pants, boots, hat, gloves/ mittens). Please be sure to put your child's name on any labels. Black snow pants are hard to tell apart without the name. <u>All students are expected to go</u> <u>outside for recess when the temperature, including</u> wind chill, is above 10 degrees.

Information for inclusion in the school newsletter must be submitted to Mrs. Ledger by Friday a.m. and can be e-mailed to Mary Ledger@msad40.org.

HOT LUNCH MENU All breakfasts include Milk, Fruit or Juice All lunches include Vegetable, Fruit & Milk B - Breakfast ~ L - Lunch

Mon. - NO SCHOOL - NEW YEAR'S DAY

- Tues. **B** Cocoa Bread Slice or Cinnamon Pop-tart
 - L- Penne Alfredo & Chicken or PBJ Sandwich
- Wed. B Apple Frudel or S'more Granola Bar
 - L- Choice A Cheese or Choice B Bacon Pizza or PBJ Sandwich
- Thurs.- B- Blueberries & Yogurt Parfait or Benefit Bar - L- WG Pancakes w/syrup or PBJ Sandwich
- Fri. B- Ms. Dawn's Choice or WG Mystery Cereal
- L- Choice A Corndog, Choice B Cheeseburger or PBJ Sandwich
- 1/8 B Breakfast Pizza or Strawberry Nutrigrain Bar

Menu subject to change - milk available Student Breakfasts and Lunches are Free Cold Lunch Milk is Free Adult Hot Lunch - \$5.50



WASHINGTON PRE-K - 2 BASKETBALL SIGN-UPS Tuesday, January 2nd 6-7 pm Prescott Memorial School Gym

Registration Fees: \$15.00 for Washington resident with family limit of \$25.00; \$20.00 for non-resident with family limit of \$35.00.

Practices will be Wednesdays, beginning January 24, 2024, from 5:30 - 6:30 p.m. at Prescott Memorial School. Games will be on Saturday's starting in February at Warren Community School, time TBD.

If you have any questions, or are unable to make signups, contact Coach Morgan at 207-701-1001.