

## **OCTOBER 2025**

Medomak Middle School

Vegetable, Fruit and Milk served with every meal WG = whole grain Ala Cart Milk is \$.50

	Monday	Tuesday	Wednesday	Thursday	Friday	
			Spicy Chicken Burger Or PB & J	Pepperoni or 2 Cheese Pizza Or PB & J	Beef 3 Empanadas Rice Or PB & J	
	Chicken & 6 Waffle Sandwich Or Turkey & Cheese Wrap	BBQ Pulled Pork  Sandwich  Baked Beans  Or  Turkey & Cheese Wrap	Lasagna Roll-Up 8 WG Garlic Bread Or Turkey & Cheese Wrap	Sausage Breakfast Pizza Or Egg & Cheese Pizza Or Turkey & Cheese Wrap	NO SCHOOL	
	No school	Cheese Torte W / Alfredo Sauce WG Garlic Bread Or Ham & Cheese Sandwich	Sweet & Sour Chicken Rice Or Ham & Cheese Sandwich	Hawaiian Pizza Or Cheese Pizza Or Ham & Cheese Sandwich	Crispy Chicken Burger Or Ham & Cheese Sandwich	
	Ham Italians Chips Or Egg Salad Sandwich Chips	Beef Tacos W / All the Fix'ns Or Egg Salad Sandwich	Chicken Caesar Salad Garlic Bread Or Egg Salad Sandwich	Like a Big Mac Pizza or Cheese Pizza Or Egg Salad Sandwich	Grilled Chicken 24 Sandwich Or Egg Salad Sandwich	
	Sausage & Pancak <mark>e 27</mark> On A Stick Home Fries or Ham, Turkey, & Cheese Wrap	Chicken Pot Pie Over Biscuit Or Ham, Turkey, & Cheese Wrap	Chili W / Cheesy Bosco Stick or Ham, Turkey, & Cheese Wrap	Chicken, Bacon Ranch Or Cheese Pizza Or Ham, Turkey, & Cheese Wrap	Quesadilla W / Salsa & Sour Cream Or Ham, Turkey, & Cheese Wrap	

