

SEPTEMBER 2024

Medomak Middle School

Vegetable, Fruit and Milk Served with every meal WG = whole grain Second Milk is \$.50

Monday	Tuesday	Wednesday	Thursday	Friday
Welcome back School	Chicken Burger On WG Bun	Ham Italian W / Chips	Cheese Pizza!	All School BBQ Burger or Hot Dog
WG Chicken Nuggets W / Dipping Sauce Rice Pilaf	Quesadilla W / Beans, Salsa & Sour Cream	Chicken, Bacon, & Ranch Wrap	Cheese or Pepperoni Pizza	Turkey Italians W / Chips
Hot Dog W / Soft Roll Baked Beans	Pasta W / Red Sauce & Meatballs WG Garlic Bread	Chicken Caesar Salad WG Garlic Bread	Cheese or Sausage Pizza	Chicken Cordon Bleu Sandwich
WG Bosco Sticks W / Marinara Sauce	Taco Tuesday! Seasoned Beef W / All the Fix'ns	Home-Made Macaroni & Cheese WG Garlic Bread	Cheese or Ham Pizza	Chicken Parmesan Burger
Chicken Alfredo WG Garlic Bread				