# NEWSLETTER-JAN 3, 2025

### Promoting Good Attendance All Winter Long



Every winter, bad weather — snow, slush, freezing temperatures or even heavy rains — can present challenges to getting children to school. So do the illnesses such as colds, flu, fevers and earaches that often come with the winter months. Students might also have to stay home due to Covid-19.

## 1. Develop back up plans for getting your children to school in bad weather.

- a. Check to see who can give your children a ride to school if you aren't able to take them or the bus doesn't arrive.
- b. Talk with your school about forming a "walking school bus" with other families to get students to school safely.
- c. Contact your local government if roads to school are not regularly plowed.
   d. Join other families to clear snow from the sidewalks closest to the school.
- Tell school administrators about transportation challenges, including safety, and ask if they have plans for transporting students.

#### 2. Keep your children healthy.

- a. Maintain a regular bedtime and morning routine.
- Ensure students eat a good breakfast every morning or check to see if your school serves breakfast.
- c. Ensure your children visit their medical provider and have received their vaccines, including flu and Covid.
- Stress hand washing, particularly before and after eating, and after using the restroom.
- Reinforce the importance of avoiding close contact with individuals who are sick, and not sharing cups and/or utensils with others.
   If your children seem anxious about going to school, ask teachers, school
- courselors, your medical provider and parents for advice on how to make your children feel comfortable and excited about learning.
- g. If you are concerned your children may have Covid, call your medical provider or school nurse for advice.

#### Keep your children engaged in learning if they cannot attend school in person.

- Ask your teacher or school for resources that you can use at home to keep your children learning, including computer tablets, internet access and online learning platforms.
- b. Identify who can support your children's learning at home, especially if you
  must go to work.
- c. Encourage your children to call classmates and stay connected to the teacher to find out about what they missed.

To learn more about attendance and strategies that make a difference visit www.attendanceworks.org

Parent Reminders
 Student Drop off @ 8:30AM
 Classes Begin @ 8:45AM
 Afternoon Pickups @ 3:10PM
 Dismissal to Busses @ 3:15PM
 \*\*<u>NO</u> last minute office pick up
 after 2:45 unless emergency\*\*

January 15-Early Release

January 20th-No School/Holiday

January 28th–Winter Kids Family Night

WinterKids

# Lunch Menu

MONDAY: CHICKEN NUGGETS W/DIPPING SAUCE & WG ROLL

TUESDAY: HOME-MADE MAC'N CHEESE W/WG ROLL

WEDNESDAY: CHEESE OR SAUSAGE PIZZA

THURSDAY: FISH STICKS W/RICE PILAF

FRIDAY: TURKEY BLT ON WG ROLL

ALTERNATIVE: PB&J SANDWICH W/CHEESE STICK

Reminder: School parking lot is only 10 MPH. Please drive SLOWLY!







Changes to Dismissal Plans? Please call the Office <u>BEFORE</u> 2:30PM @ 832-2103



WHAT CAN PARENTS DO?

# LINCOLN COUNTY DIGITAL SKILLS SUCCESS PROGRAM

- Get a FREE Computer or Wireless Tablet
- Learn Digital Skills

The National Digital Equity Center is providing digital skills classes, assistance with affordable internet, and a free wireless Samsung tablet or Windows 11 laptop to qualifying low- and moderateincome residents of Lincoln County.

For more info, call Taylor at 207-315-9035

or email devices@digitalequitycenter.org

Or if you wish to refer someone to this free program, please complete the form at: www.digitalequitycenter.org/need-help/



# WALDOBORO REC



Registration is open for K-2 Basketball that will start January 25th and run every Saturday through March 1st at Miller School.

The cost is \$30 for Waldoboro Residents and \$40 for non residents.

Kindergarten 9am-10am 1st-2nd - 10:15am-11:15am

#### Register at www.waldobororec.com



COMMUNETY NE

More info at www.waldoboromaine.org

207-832-5369 ext. 9 rec@waldoboromaine.org