NEWSLETTER-JAN 24, 2025

Parents and families are essential partners in promoting good attendance because they have the bottom-line responsibility for making sure their children get to school every day. Just as parents should focus on how their children are performing academically, they have a responsibility to set expectations for good attendance and to monitor their children's absences, so that missed days don't add up to academic trouble. Information from Attendanceworks.org outlines strategies including:

- Make getting your child to school on time every day a top priority.
- Alert school and community agencies to barriers that keep your child from attending class.
- Ask for and monitor your child's data on chronic absence.

Parent Reminders

Student Drop off @ 8:30AM Classes Begin @ 8:45AM Afternoon Pickups @ 3:10PM Dismissal to Busses @ 3:15PM **<u>NO</u> last minute office pick up after 2:45 unless emergency**

- January 20th-No School/Holiday
- January 28th–Winter Kids Family Night
- February 5th-Early Release Day
- February 7th-Family Dance @ Miller
- February 17th thru 21st-Winter Break

Lunch Menu

MONDAY: CHICKEN BACON RANCH SLIDER

TUESDAY: TURKEY & GRAVY IN A BREAD BOWL

WEDNESDAY: CHEESE OR BACON PIZZA

THURSDAY: BBQ RIB SANDWICH W/PICKLES

FRIDAY: ORANGE CHICKEN W/WHITE RICE

ALTERNATIVE: PB&J WITH A CHEESE STICK

Reminder: School parking

lot is only 10 MPH. Please

drive SLOWLY!

SLOW DOWN

Changes to Dismissal Plans? Please call the Office <u>BEFORE</u> 2:30PM @ 832-2103

BE PRESENT, BE POWERFUL!

GOOD SCHOOL ATTENDANCE MEANS...

PRESCHOOLERS build skills and develop good habits for showing up on time

ELEMENTARY STUDENTS read well by the end of third grade

HIGH SCHOOLERS stay on track for graduation

COLLEGE STUDENTS earn their degrees WORKERS

their jobs

Too many absences-excused or unexcused-can keep students from succeeding in school and in life. How many are too many? 10% of the school year-that's 18 missed days or 2 days a month-can knock students off track.



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Health Guidance for Maine School Children

Attending school each day is critical for children's successful academic and social growth! The guidance below gives you examples of normal health conditions that occur, as well as when to consider staying home or seeking medical attention. Children in Pre-K through high school benefit by attending school regularly to learn, grow and engage with their peers.

Avoid keeping children at home unless they are too sick to participate in regular activities. Please see the reverse side of this document for details. If your child has a compromised immune system or is at high risk for complications from common illnesses, please talk to your school (school nurse if available) about developing a plan with you and your child's health-care provider to keep your child healthy and safe while attending school.

Some of the normal conditions children may experience, but don't usually require them to stay home from school might include:

- a mild cold with runny nose or occasional cough
- a mild upset stomach with no other complications
- a mild rash with no other symptoms
- treated head lice
- mild eye irritation or drainage without fever, pain or eyelid redness
- menstrual cramps and/or other symptoms
- mild anxiety or sadness
- fever has gone away and they are not taking fever reducing medicine

Children may avoid school due to anxiety (symptoms may include decreased appetite, feeling tired, stomachache, headache, etc). If you are worried that your child may be suffering from anxiety, talk with your teacher, the school nurse, social worker or other school staff and/or the child's health care provider to discuss the challenge and identify what support or intervention might help your child stay in school.

This document is not meant to take the place of CDC/DOE/School Department guidance about illnesses such as Covid-19 and flu.

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assibility eets possibility, long friendships are made, and girls thrive. Through our enriching experiences your girl will develop essential life skills, oost her confidence and nurture her wel being in a supportive community.



March 26, 2025 5:30P Miller School

45 Kalers Corner Street, Waldoboro, Maine 04572

In the event of inclement weather, this event will be rescheduled. Please check our websile or the Facebook event for updates.

Girls in grades K-3 and their caregivers are invited to a fun-filled event where we'll create secret bracelets using binary code, make new friends, and learn about exciting Girl Scout swaps. Plus, discover opportunities to connect with local troops and explore how you can get involved in starting a new one!





This event is for families seeking information about joining Girl Scouts, not current m girlscoutsofmaine.org | 888-922-4763 | customercare@gsmaine.org

This is not a school-sponsored event. Girl Scouts of Maine is a 501(c)(3) non-profit organization.

Can't make the event but still want to learn more? Contact us or scan the QR code and complete the form and we will contact you! girl scouts of maine

Connect. Explore. Grow.

New member sign-up event.