At Miller School, we are committed to inspiring students to achieve life-long success, and one of the foundational keys to success is consistent attendance. Every school day matters, and each moment spent in class contributes to your child's learning and growth.

When students arrive late or leave early, it disrupts not only their learning but also the classroom environment. Late arrivals mean missed instructions that set the tone for the day, while early dismissals often cause students to miss important wrap-ups or engaging activities that build on the day's lessons. These missed moments can add up, leading to gaps in understanding and achievement over time.

We understand that life happens, and emergencies or appointments are sometimes unavoidable. When they do arise, we ask that you communicate with the school and do your best to minimize these disruptions. Together, we can ensure that every student is present, engaged, and thriving.

Thank you for partnering with us in making daily attendance a priority. Let's work together to create a strong foundation for success!

Parent Reminders Student Drop off @ 8:30AM Classes Begin @ 8:45AM Afternoon Pickups @ 3:10PM Dismissal to Busses @ 3:15PM **<u>NO</u> last minute office pick up after 2:45 unless emergency**



NEWSLETTER- JAN 10, 2025

Lunch Menu

MONDAY: CHEESY BOSCO STICKS W/MARINARA

TUESDAY: TACOS W/ALL THE FIX'NS

WEDNESDAY: CHEESE OR PEPPERONI PIZZA

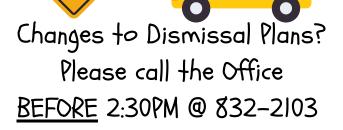
THURSDAY: GRILLED CHEESE SANDWICH W/TOMATO SOUP

FRIDAY: CHICKEN QUESADILLA W/SALSA & SOUR CREAM

ALTERNATIVE: CHICKEN SALAD ROLL

Reminder: School parking lot is only 10 MPH. Please drive SLOWLY!

SLOW DOWN



Families,

Milk for students who bring a meal from home is no longer free. Unfortunately, we used up our grant money that was being used for this purpose. The cost is now .50 per milk and it is considered an a-lacarte item. We cannot allow students to charge a-la-carte items. So, please, add money to your child's account if they plan to purchase milk to go with their meal from home.

Milk still comes with all breakfast and lunches provided by the school (ticket meals). Meals from school are at no cost.

If you want to add money to your child's account and keep track of your child's meal transactions and balance, you can sign up for Myschoolbucks. It is a program through Heartland School Solutions. The program is free and viewing transactions and balances are free, but they do charge a fee to add money to your child's account. To sign up, go to Myschoolbucks.org

You can also send money into your child's school and it will be added to their accounts. Please put the money in a sealed envelope. Add your child's name and kitchen or food service on the outside of the envelope. This will help us make sure it goes to the right child's meal account.

Promoting Good Attendance All Winter Long



WHAT CAN PARENTS DO?

Every winter, bad weather — snow, slush, freezing temperatures or even heavy rains — can present challenges to getting children to school. So do the illnesses such as colds, flu, fevers and earaches that often come with the winter months. Students might also have to stay home due to Covid-19.

1. Develop back up plans for getting your children to school in bad weather.

- a. Check to see who can give your children a ride to school if you aren't able to take them or the bus doesn't arrive.
- b. Talk with your school about forming a "walking school bus" with other families to get students to school safely.
- Contact your local government if roads to school are not regularly plowed.
 Join other families to clear snow from the sidewalks closest to the school.
- e. Tell school administrators about transportation challenges, including safety,
- and ask if they have plans for transporting students.

2. Keep your children healthy.

- Maintain a regular bedtime and morning routine.
 Ensure students eat a good breakfast every morning or check to see if your school serves breakfast.
- c. Ensure your children visit their medical provider and have received their vaccines, including flu and Covid.
- d. Stress hand washing, particularly before and after eating, and after using the restroom.
- Reinforce the importance of avoiding close contact with individuals who are sick, and not sharing cups and/or utensils with others.
- f. If your children seem anxious about going to school, ask teachers, school counselors, your medical provider and parents for advice on how to make your children feel comfortable and excited about learning.
- g. If you are concerned your children may have Covid, call your medical provider or school nurse for advice.
- Keep your children engaged in learning if they cannot attend school in person.
 - a. Ask your teacher or school for resources that you can use at home to keep your children learning, including computer tablets, internet access and online learning platforms.
 - b. Identify who can support your children's learning at home, especially if you must go to work.
 - c. Encourage your children to call classmates and stay connected to the teacher to find out about what they missed.

To learn more about attendance and strategies that make a difference visit www.attendanceworks.org

ur FRIDAY, JANUARY 10 5:30-7:30PM Family Fun Nights are free events designed for all families and feature a full line-up of activities for all ages!

NIGHT

FAMILY

FUN

Dinner will be provided: 5:30-6:30pm

Additional

Activites by:

Healthy

FOR YOU AND YOUR FAMILY!

JOIN US TO ENJOY MAN

ACTIVITIES

Central Lincoln County YMCA 525 Main Street, Damariscotta, ME 04543

WALDOBORO REC



Registration is open for K-2 Basketball that will start January 25th and run every Saturday through March 1st at Miller School

The cost is \$30 for Waldoboro Residents and \$40 for non residents.

Kindergarten 9am-10am 1st-2nd - 10:15am-11:15am

Register at www.waldobororec.com



Medomak Middle School Wrestling

MMS Wrestling for RSU 40 boys & girls Grades 5–8 begins on Jan 22. Please sign up in the MMS main office this week or email Mr. Lash if you plan to wrestle. Reminder that each athlete needs a sports physical before the first practice. The three required forms are the Sports Participation Form, Concussion Information Sheet and the Acknowledgement and Consent Form. Those forms can be found in the MMS main office or on the Athletics page at <u>www.rsu40.org</u>. Click on "Programs" and then "Athletics". FMI, please contact Matt Lash at <u>matthew_lash@rsu40.org</u> or Coach Steven Genthner at <u>Stevengenthner@icloud.com</u>. Practices will be 6–7:30.