



MILLER SCHOOL



NEWSLETTER - SEPT 27TH, 2024

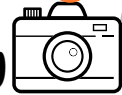
At Miller School, we are committed to ensuring every student achieves lifelong success, and one key factor in their success is regular attendance. Attending school consistently helps students build essential skills, stay on track with their learning, and develop strong habits that will benefit them in the future.

Each day, our teachers provide engaging lessons and activities designed to help your child grow academically and socially. When students are absent, they miss out on these valuable opportunities, which can make it harder to catch up later.

We understand that illnesses and emergencies happen, but when possible, we encourage you to ensure your child is at school on time, every day. Together, we can help your child succeed and make the most of their educational journey.



Upcoming



- Oct 8 - Picture Day
- Oct 11 - NO SCHOOL Workshop Day
- Oct 14 - NO SCHOOL Holiday
- Oct 23 - Early Release

Lunch Menu

MONDAY: CHICKEN FRIES W/ CUCUMBERS

TUESDAY: BEEFY NACHOS W/ SOUR CREAM AND SALSA

WEDNESDAY: CHEESE PIZZA

THURSDAY: CHICKEN ALFREDO, WG BREADSTICK

FRIDAY: CRISPY CHICKEN BURGER, REGULAR OR SPICY

ALTERNATIVE: PB&J SANDWICH



Parent Reminders



Student Drop off @ 8:30AM

Classes Begin @ 8:45AM

Afternoon Pickups @ 3:10PM

Dismissal to Busses @ 3:15PM

****NO last minute office pick up after 2:45 unless emergency****

Changes to Dismissal Plans?

Please call the Office

BEFORE 2:30PM @ 832-2103





OPEN STUDIO TO SUPPORT *-the-* **RSU 40 Arts Boosters**

Wednesday, Oct. 2nd & Wednesday, Oct. 30th 3-6 the MVHS Art room (36) open studio for the public.

Bring your art supplies, projects, etc. Consider donating your handmade items to the RSU 40 Art Boosters to help raise money for art related funding in our district. Items will be sold at the to sell that MMS Craft Fair on Nov. 2nd.

What doesn't sell can be picked up after the craft fair or can be held on for the Arts Boosters and Empty Bowl auction in May.



Getting your child to school every day can be a challenge. But it's one of the most important ways you can help them succeed.

CHILDREN WHO ATTEND SCHOOL REGULARLY ARE MORE LIKELY TO:

- Build lasting, meaningful friendships
- Feel like part of the school community
- Read at grade level
- Pass math assessments



Miller School has been selected for the Hannaford Fights Hunger Bag Program. Our school will receive \$1 for each \$2.50 reusable Fight Hunger Bag sold during the month of September 2024 at the WALDOBORO HANNAFORD

HOW YOU CAN BOOST ATTENDANCE

→ **Share your current contact info with school.**

We're here to help. Stay connected so we can share attendance updates, answer your questions, and connect you to resources.

→ **Champion your child's success.**

Let them know you care about school because when you're excited, they are too. Try tracking and celebrating weekly attendance goals.

→ **Make a back-up plan for getting to school on time.**

It's so important to have people in your life who have your back. Ask family, friends, or neighbors to be your school drop-off (or pick-up) back up. And be theirs too!

→ **Make a going to school routine.**

Write out your plan for a great morning.



LOOKING FOR MORE INFORMATION?

207-619-2698

janderson@countmeinmaine.org

www.countmeinmaine.org

HALLOWEEN

Friday, October 25th

5-6PM

HAUNTED HALLS OF MILLER SCHOOL

STUDENTS MUST BE ACCOMPANIED BY AN ADULT.
PLEASE NO SCARY COSTUMES.

We need CANDY!!!

If able, please send candy donations by Wednesday October 23rd.

I ♥ MY
SCHOOL

FALL FIELD TRIPS AT THE WALDO!



Two favorite field trips are returning to The Waldo this fall!



ENGINEERING WONDER: A STEAM INFUSED MAGIC SHOW!

Engineering Wonder was created to inspire young people to explore their curiosity in STEM and be creative with it. The show focuses on understanding the basics of how electronics work all while weaving in amazing magic throughout the show to keep your students on the edge of their seats.

Grade Levels: 4th-8th
When: October 7th at 10:00AM
Length: Approximately 60-75 minutes; followed by a 15 minute Q&A with the artist

DANCES WITH IVORY

Lisa Cheryl Thomas is a citizen of the Sovereign Cherokee Nation Tejas, her native name is Danalagsigv Unevgy gola [Dances with Ivory]. During this concert, she will perform classical piano selections based on original tribal melodies from different indigenous peoples across North America. She performs in Native regalia with accompanying stories and media which further explain the cultural context of the music.

Grade Levels: 3rd-8th
When: November 21st at 10:00AM
Length: Approximately 60 minutes; followed by a 15 minute Q&A with the artist



TO PARTICIPATE

Please email education@thewaldoteatre.org to learn more and/or reserve seats for you and your students! We are happy to answer any questions you may have. We hope you can take advantage of one or both of these opportunities!

When is sick too sick for school?

A regular attendance routine is important for your child's well-being and learning. These tips can help you decide when to keep your child home when they don't feel well.



SEND ME TO SCHOOL IF...

- I have a **runny nose** or just a **little cough**, but no other symptoms.
- I have **NOT had a fever overnight** and have **NOT taken fever reducing medicine** during that time.
- I have a **mild stomach ache**.
- I have **not thrown up** overnight and can drink liquids without throwing up.
- I have a **mild rash** and no other symptoms.
- I have **eye drainage WITHOUT fever**, eye pain or eyelid redness.

KEEP ME AT HOME IF...

- I have a **temperature higher than 100.4**
- I have **thrown up two or more times** in the past 24 hours.
- My **stool is watery** and I may not make it to the bathroom in time.

SEEK MEDICAL CARE IF...

- I have a **temperature higher than 100.4 AND any of the following**: ear pain, sore throat, rash, stomachache, headache or tooth pain.
- I have **stomach pain and fever**, I have **bloody or black stool**, or I am **dehydrated** (tired and sleepy, dry mouth) and/or I have **not urinated** in the last 8 hours.
- I have a **persistent cough** or **trouble breathing**, or have a fever with the cough.
- I have **eye swelling**, **eye pain** or an **eye injury**.
- I have a **rash that has blisters**, is draining, is painful, looks like bruises, and/or I have a fever with the rash.

If you don't know whether to send your child to school, have specific concerns regarding your child's physical or mental health, or are worried your child will spread illness, contact your child's health care provider, a local urgent care or the school nurse. These tips are not meant to take the place of local health department/school district health guidance including about contagious illnesses such as Covid-19 and the flu.



For more information visit attendanceworks.org/resources

2024 Autumn Acting Classes for Students
 Registration and Information: www.thewaldothatre.org/youth-education

Creative Drama: Create Your Own Adventure
Grades: 1 - 3
 You ready for adventure? Come join us! Our destination is your imagination! In this 10-week class, imaginations will come to life as we explore story structure through the actor's tools of body, voice, mind, and imagination. Together we will use movement exercises, theatre games, and improvisation to create our own original adventures!
 The class will culminate with a performance for invited family and friends.
 Teacher: Mia Branco
 Tuesdays
 3:45-4:45 PM, Oct 8 - Dec 17
 (No class on Nov 26th)
 10 Weeks | Tuition: \$200

Actors Toolbox: The FUNdamentals of Acting
Grades: 4 - 6
 A fun and physical introduction to the fundamental building blocks of acting. In this 10-week class, young actors learn how to use their actor's tools (body, voice, mind, and imagination) to bring characters to life. The class is designed for beginners and returners alike. Students will practice the skills needed to approach short scenes and learn the importance of collaboration, risk taking, and using their imagination. The class will culminate with a performance for invited family and friends.
 Teacher: Mia Branco
 Tuesdays
 5:00-6:00 PM, Oct 8 - Dec 17
 (No class on Nov 26th)
 10 Weeks | Tuition: \$200

Actors Studio: Playwriting
Grades: 7 - 12
 Ever wonder what goes into writing an original play? In this 10-week class, join award-winning playwright, Terilyn Reiter as she guides students through the process of brainstorming, writing, and editing a play. Students will learn the fundamentals of playwriting and engage in thought provoking activities and games to learn how to develop their ideas into plays while also discovering ways to be inspired when the inevitable writer's block hits. The class will culminate in a staged reading of select scenes from the plays.
 Teacher: Terilyn Reiter
 Wednesdays
 4:45 - 6:00 PM, Oct 9 - Dec 18
 (No class on Nov 27th)
 10 Weeks | Tuition: \$250

SCHOLARSHIPS ARE AVAILABLE
THE WALDO
 THE ART OF COMMUNITY
 Contact us: education@thewaldothatre.org

All classes take place at The Waldo Theatre

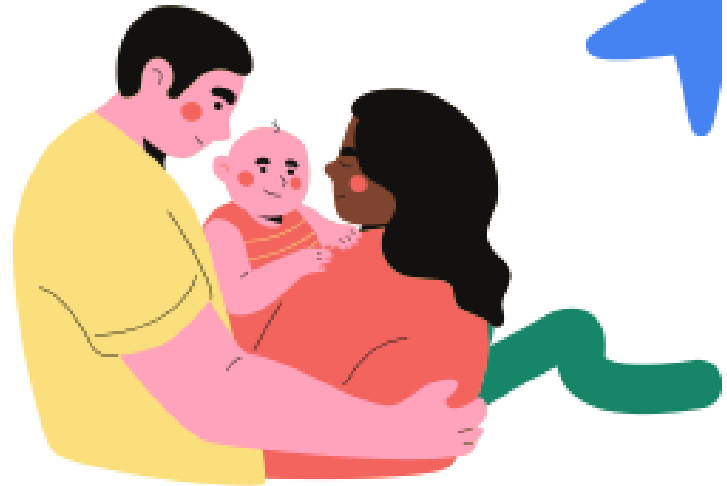


NURTURING PROGRAM

FOR FAMILIES IN

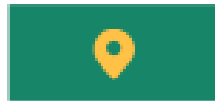
SUBSTANCE USE

TREATMENT & RECOVERY

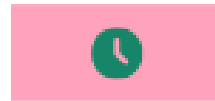


WHEREVER YOU ARE AT, AND WHATEVER YOUR RELATIONSHIP TO RECOVERY, YOU ARE WELCOME! LEARN AND DISCUSS FAMILY AND ITS RELATION TO RECOVERY AND THE HEALING PROCESS FOR ALL!

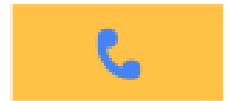
• SPREAD •
Kindness



IN PERSON AT LINCOLN COUNTY RECOVERY COMMUNITY CENTER OR OVER ZOOM!



BEGINNING AUGUST 27TH, WITH CLASSES ON TUESDAYS AT 3:30



CONTACT US
 207-563-1818
swatts@tidewater.net
 speak to Katherine at LCRCC



From the Health Office



Hello all! DID YOU KNOW?.....

General Information: Anyone can get head lice. Head lice are very small brownish-colored insects that live on the head. They are less than 1/8" long, about this size [-]. They lay eggs (nits) close to the scalp. The eggs are tiny (size of a tip of a small needle) and gray or white in color.

Symptoms: Itching of the head and neck. Look for crawling lice in the hair, eggs (nits) glued to the hair shafts (often found behind the ears and at back of neck), and scratch marks on the head or back of the neck at the hairline. If your child is infested with lice, it will take 7-10 days from when the eggs are laid until they hatch.

Spread: By head-to-head contact. Lice do not jump or fly; they crawl and can fall off the head. Head lice do not live longer than 48 hours off the head. They only lay their eggs while on the head. Lice do not spread to or from pets.

Contagious Period: Until treated with a lice-killing product.

Prevention:

Never share hair grooming items or hair accessories (barrettes, combs, brushes, etc.) Clean all hair items by soaking in the lice treatment product for 10 minutes or cleaning with hot, soapy or boiling water for 5 minutes.

Never share towels, bedding, clothing, hats, or headgear.

Check your child's head every month. If one person in the home has head lice, others should be checked too. Sleepovers are a common place for head lice to spread. Check your child's head after a sleepover and wash all bedding brought home from the sleepover.

Vacuum carpets, upholstered furniture, mattresses, and seats in the car(s) thoroughly.

Wash clothing worn in the last 3 days (e.g., jackets, hats, scarves, pajamas) bedding, and towels in hot water and dry in a hot dryer for at least 20 minutes before using again.

Clothing, stuffed toys, linens, or backpacks that cannot be washed or dried can be dry cleaned or sealed in plastic for 2 weeks.

