

# MILLER SCHOOL

January 19, 2024



**January Character Trait—Be a Problem Solver**

## Dates to Remember

**Feb 7: Early Release Day- Dismissal @ 1:10 pm**

**Feb 19-23: No School- Winter Break**

**March 6: Early Release Day- Dismissal @ 1:10 pm**

**March 15: No School- Workshop Day**

**April 3: Early Release Day- Dismissal @ 1:10 pm**

## **Miller School Values**

**Treat others the way you want to be treated**

**Keep things neater or better than you found them**

**Do your best**

**Be safe**

# Principal's Desk

The advertisement is set against a dark blue, starry night sky background with snow-covered evergreen trees at the bottom. On the left, a white yeti with a purple belly is snowboarding. In the center, a smartphone displays the app's logo. On the right, a dark blue box contains promotional text and icons for various activities. A prominent orange button is at the bottom right of the ad area.

**DOWNLOAD THE WINTER KIDS APP!**

If you use promo code WKWG24 you can get a free family membership!

**THE WINTERKIDS APP IS YOUR FAMILY'S TICKET TO OUTDOOR WINTER FUN!**

**SIGN YOUR FAMILY UP TODAY!**

\*MEMBERSHIP INCLUDES FREE JUNIOR LIFT TICKETS AT MOUNTAINS ACROSS MAINE AND MANY MORE FUN FAMILY ACTIVITIES!

# Return by Jan 26th to earn a Water Bottle Sticker and a Schooner Pride Ticket


## WEEK 3: FAMILY ENGAGEMENT



### ACTIVITY 1: *moving monday* OUTDOOR BINGO!

When you get outside and active with your family playing this year's **LITTLE** themed game of BINGO, everybody wins! Look over the card and devise a plan, picking the activities you think give you the best chance of scoring a BINGO - 5 in a row, column, or diagonally. Circle or cross out activities as you achieve them. If you are feeling extremely motivated, see if you can achieve a BLACKOUT - all squares done.



| B   | I  | N   | G   | O  |
|---|--|---|---|--|
| Make the <b>LITTLEST</b> snowperson you can   | Look up how to spell your name using sign language.  | Snow Day  | Try to write your name as <b>LITTLE</b> as you can, use your magnifying glass for help.   | Be the 1 <sup>st</sup> one to say "Good Morning!"  |
| On a sunny day, try to melt a <b>LITTLE</b> snow with your magnifying glass.                  | Write down the low temperatures for each day this week.  | Interview a family member or friend about their favorite winter activity and write their answers in your journal. | Play Flashlight Tag Outside.  | Leave some seeds or nuts out for your <b>LITTLE</b> winter friends.  |
| Scoop a cup full of snow and bring it in somewhere warm. How much water was in all that snow? | Roll up your stocking hat until it barely fits on the top of your head.                                      | <b>FREE SQUARE</b><br>         | Build a <b>LITTLE</b> fairy/gnome home, with natural materials.   | Have a snack of <b>LITTLE</b> foods like blueberries, pistachios, cherry tomatoes, and raisins.                  |
| Try to hover a grape straight up in the air using your reusable straw.                        | Rip a piece of paper in half as many times as you can until you have the <b>LITTLEST</b> piece you can make. | Catch a snowflake   | Jump rope at least the number of your age without having to stop.   | Go <b>OUTSIDE</b> with your journal and remain silent. Write down the <b>LITTLE</b> , quiet sounds you can hear. |
| Help Clear a Neighbor's Walk  | Say hello in 3 different languages.  | Draw a Tic Tac Toe grid on the ground and challenge family or friends to a game.                                  | Set your flashlight down, aimed at a wall and make <b>LITTLE</b> shadow animals with your hands that look <b>BIG</b> on the wall. | Find a <b>LITTLE</b> track in the snow (or mud) made by a bird or animal.  |

WEEK 1

WEEK 2

WEEK 3

# Snack Donations Needed



**Ideas: individually-wrapped crackers, granola bars, dried fruit, healthy chips, pretzels, popcorn, goldfish crackers, & animal crackers**



Join us for  
**Magic  
1-2-3!**



Discover the ultimate zen-like technique to powerfully handle tricky behaviors in kids aged 18 months to 12 years, and even those pesky teenagers!

For more information connect with us at Healthy Kids, through social media, our website, or call at 207-563-1818



Your girl's future is built on the confidence she has today.

The Girls on the Run program focuses on the whole person- mind, body and social connection. The evidence-based curriculum includes:

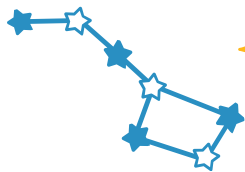
Joyful physical movement-based activities for 3rd-5th graders

Relevant group discussions that teach life skills and critical thinking

Setting goals in preparation for a celebratory 5K

Trained coaches who teach the importance of nurturing emotional health

Lessons that create a sense of belonging and acceptance to make a welcoming place for all



SPRING 2024 SEASON DETAILS

Get involved with a program that inspires leadership, healthy habits, and new friendships all at once.

- Location: Miller School
Practice Days: Mon./Thurs. 3:30-5:00pm
Site Contact: Megan Cormier (megan\_cormier@rsu40.org)
The Program Runs: 4/2-6/2/2024
Financial Assistance Is Available: Girls on the Run-Maine uses a sliding scale ranging from \$20-\$160 to set the participant fee.

Build confidence that lasts a lifetime.

girlsontherunmaine.org

SIGN UP, STARTING 2/1!

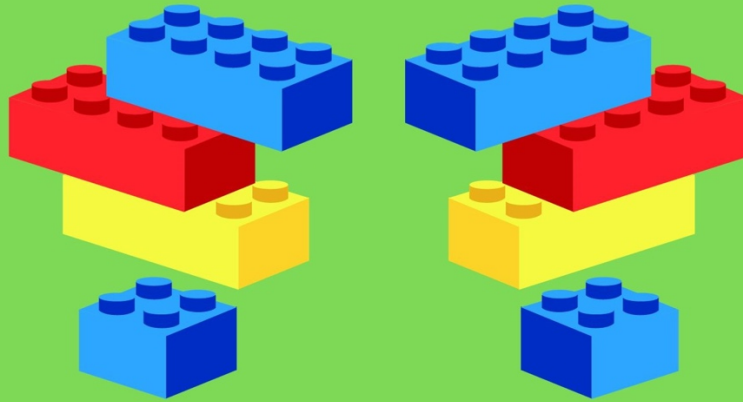


Waldoboro Public Library

# LEGO Club

Every other Friday 3:30- 4:30 PM

Ages 6-12



*Reading Comes Alive with Yoga!*



Second Saturday of the month

9:30AM

Ages 3-6



Stories combined with  
creative movement with  
yoga instructor Miss Patti.



When using ParentSquare to contact the office, please use “miller office” (no quotes) so all office staff will receive the messages.

 **Parent Reminder** 

**Changes to Dismissal Plans?**

**Please call the Office BEFORE  
2:30 pm @ 832-2103**

**More Parent Reminders**

Student Drop Off @ 8:30 am

Classes Begin @ 8:45 am

Afternoon Pickups @ 3:10 pm

Dismissal to Buses @ 3:15 pm



**NO last-minute office pickups after 2:45  
unless emergency**



## SEEKING

### **Big Brother/Big Sister Miller School Site-Based Mentoring Coordinator**

Big Brothers Big Sisters of Mid-Maine's (BBBSMM) Site-Based Mentoring program (SBM) matches high school students (Bigs) in one-to-one relationships with elementary school-aged youth (Littles).

They spend time together on Tuesdays from 3:15 - 4:15 at Miller School for one hour after school.

BBBSMM requires that these matches/after-school programs are supervised and supported at all times by a screened and trained adult volunteer known as the **Site Coordinator**.

What do coordinators do?

- Supervise weekly meetings between Bigs & Littles to ensure match quality, healthy relationship development, and child safety.
- Arrive approximately 15 minutes early to greet all Bigs & Littles and record attendance, distribute snacks, and supplies.
- Communicate with BBBS program staff weekly to share details of the program, attendance, questions, success, etc.

If interested, please contact  
**BB/BS Program Manager**  
**Katelyn Robbins**

**207.518.8396**

[katelyn@bbbsmidmaine.org](mailto:katelyn@bbbsmidmaine.org)



# Lunch Calendar- January

Milk is **FREE** for students who bring their own lunch

| LUNCH   |  |  |  |  | JANUARY 2024 |  |  |  |  | Vegetable, Fruit and Milk served with every meal<br>WG = whole grain<br>Second Milk is \$.50 |  |  |  |  |
|---|--|--|--|--|--------------|--|--|--|--|--|--|--|--|--|
| Monday  |  | Tuesday  |  | Wednesday  |              | Thursday   |  | Friday   |  |  |  |  |  |  |
| 1<br><b>NO SCHOOL</b>   |  | 2<br>Chickenburger<br>Chips<br>Or<br>PB & J<br>Chips             |  | 3<br>Hot Dog<br>W / Roll<br>Baked Beans<br>or<br>PB & J                |              | 4<br>Home-Made<br>Mac & Cheese<br>WG Breadstick<br>or<br>PB & J        |  | 5<br>Open Face<br>Turkey & Gravy<br>Sandwich<br>Or<br>PB & J                           |  |  |  |  |  |  |
| 8<br>Grilled Cheese<br>Cole-Slaw<br>Or<br>Turkey & Cheese<br>Roll     |  | 9<br>Cheese or<br>Sausage Pizza<br>Or<br>Turkey & Cheese<br>Roll |  | 10<br>Hamburger<br>Chips<br>Or<br>Turkey & Cheese<br>On a Roll / Chips |              | 11<br>Ham Calzone<br>Or<br>Turkey & Cheese<br>Roll                     |  | 12<br>Chicken Nuggets<br>W / Dipping Sauce<br>Or<br>Turkey & Cheese<br>Roll            |  |  |  |  |  |  |
| 15<br><b>NO SCHOOL</b>  |  | 16<br>Corn-dog<br>Cobbies<br>Or<br>Tuna Roll                     |  | 17<br>Beef Stew<br>WG Roll<br>Or<br>Tuna Roll                          |              | 18<br>German Day!<br>Sausages<br>German Hot Potato<br>No Second Choice |  | 19<br>Teriyaki<br>Chicken Burger<br>Or<br>Tuna Roll                                    |  |  |  |  |  |  |
| 22<br>Cordon Bleu<br>Poppers<br>Tater Tots Or<br>Turkey & Cheese Roll |  | 23<br>Cheese Pizza<br>Or<br>Turkey & Cheese<br>Roll              |  | 24<br>Chicken<br>Quesadilla<br>Or<br>Turkey & Cheese<br>Roll           |              | 25<br>American<br>Chop Suey<br>WG Roll<br>Or<br>Turkey & Cheese Roll   |  | 26<br>Chicken Fries<br>W / Dipping Sauce<br>Potato Salad<br>Or<br>Turkey & Cheese Roll |  |  |  |  |  |  |
| 29<br>BBQ Pulled<br>Pork Roll<br>Or<br>PB & J                         |  | 30<br>Cheese or<br>Bacon Pizza<br>Or<br>PB & J                   |  | 31<br>Chili in<br>Bread Bowl<br>Or<br>PB & J                           |              |  |  |  |  |  |  |  |  |  |

"This institution is an equal opportunity provider"  
Menu subject to change according to availability of food.

MY SCHOOL BUCKS PAY FOR MEALS ONLINE  
MySchoolBucks.com

**BOX TOPS FOR EDUCATION** EARN CASH FOR YOUR SCHOOL WHEN YOU...

| BUY IN STORE                                | BUY ONLINE                                    |
|---|---|
| <br><b>BUY</b><br>Box Tops Products         | <b>1 SIGN UP</b><br>on the app or at BTFE.com |
| <br><b>SCAN</b><br>your store receipt       | <b>2 SHOP</b><br>online                       |
| <br><b>EARN</b><br>Box Tops for your school | <b>3 FORWARD</b><br>your digital receipt      |
|   | <b>4 EARN</b><br>Box Tops for your school     |