

MILLER SCHOOL

January 12, 2024



January Character Trait—Be a Problem Solver

Dates to Remember

Jan 15: No School- Martin Luther King, Jr. Day

Feb 7: Early Release Day- Dismissal @ 1:10 pm

Feb 19-23: No School- Winter Break

March 6: Early Release Day- Dismissal @ 1:10 pm

March 15: No School- Workshop Day

Miller School Values

Treat others the way you want to be treated

Keep things neater or better than you found them

Do your best

Be safe

Return by Jan 26th to earn a Water Bottle Sticker and a Schooner Pride Ticket


WEEK 3: FAMILY ENGAGEMENT



ACTIVITY 1: *moving monday* OUTDOOR BINGO!

When you get outside and active with your family playing this year's **LITTLE** themed game of BINGO, everybody wins! Look over the card and devise a plan, picking the activities you think give you the best chance of scoring a BINGO - 5 in a row, column, or diagonally. Circle or cross out activities as you achieve them. If you are feeling extremely motivated, see if you can achieve a BLACKOUT - all squares done.



B	I	N	G	O
Make the LITTLEST snowperson you can	Look up how to spell your name using sign language.	Snow Day	Try to write your name as LITTLE as you can, use your magnifying glass for help.	Be the 1 st one to say "Good Morning!"
On a sunny day, try to melt a LITTLE snow with your magnifying glass.	Write down the low temperatures for each day this week.	Interview a family member or friend about their favorite winter activity and write their answers in your journal.	Play Flashlight Tag Outside.	Leave some seeds or nuts out for your LITTLE winter friends.
Scoop a cup full of snow and bring it in somewhere warm. How much water was in all that snow?	Roll up your stocking hat until it barely fits on the top of your head.	FREE SQUARE 	Build a LITTLE fairy/gnome home, with natural materials.	Have a snack of LITTLE foods like blueberries, pistachios, cherry tomatoes, and raisins.
Try to hover a grape straight up in the air using your reusable straw.	Rip a piece of paper in half as many times as you can until you have the LITTLEST piece you can make.	Catch a snowflake	Jump rope at least the number of your age without having to stop.	Go OUTSIDE with your journal and remain silent. Write down the LITTLE , quiet sounds you can hear.
Help Clear a Neighbor's Walk	Say hello in 3 different languages.	Draw a Tic Tac Toe grid on the ground and challenge family or friends to a game.	Set your flashlight down, aimed at a wall and make LITTLE shadow animals with your hands that look BIG on the wall.	Find a LITTLE track in the snow (or mud) made by a bird or animal.

WEEK 1

WEEK 2

WEEK 3

**DOWNLOAD
THE
WINTER
KIDS APP!**

If you use promo
code WKWG24 you
can get a free family
membership!

**THE
WINTERKIDS
APP IS YOUR
FAMILY'S
TICKET TO
OUTDOOR
WINTER FUN!**

SIGN YOUR FAMILY UP TODAY!

*MEMBERSHIP INCLUDES
FREE JUNIOR LIFT
TICKETS AT MOUNTAINS
ACROSS MAINE AND
MANY MORE FUN FAMILY
ACTIVITIES!

PBIS News

We started our week with our January All School Meeting. A student in each grade was chosen as a Schooner Pride winner for showing “Self-Control” in December. At the meeting, students were introduced to the character trait, “Be a Problem Solver.” They will be earning more Schooner Pride Tickets this month.

Medomak Middle School Wrestling

MMS Wrestling begins on Wednesday, January 17 and is open to all RSU 40 students grades 5-8. The first two practices will be from 6-7:30 in the MVHS Café on Jan 17 and Jan 18. Students interested in participating should sign up in the MMS main office. A current sports physical is required to start on January 17. Sports physicals are good for two years. Forms required: Sports Participation form, Concussion Information sheet, and COVID Consent form. Go to www.rsu40.org, click on “Programs,” “Athletics,” and then “Athletic Forms.” FMI or to sign-up, contact Mr. Lash at 542-1475 or matthew_lash@rsu40.org.

Snack Donations Needed



Ideas: individually-wrapped crackers, granola bars, dried fruit, healthy chips, pretzels, popcorn, goldfish crackers, & animal crackers





Your girl's future is built on the confidence she has today.

The Girls on the Run program focuses on the whole person- mind, body and social connection. The evidence-based curriculum includes:

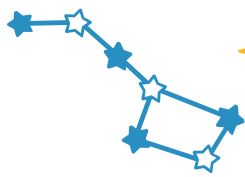
Joyful **physical movement-based** activities for 3rd-5th graders

Relevant group discussions that teach life skills and **critical thinking**

Setting goals in preparation for a celebratory 5K

Trained coaches who teach the importance of **nurturing emotional health**

Lessons that create a sense of belonging and acceptance to make a **welcoming place for all**



SPRING 2024 SEASON DETAILS

Get involved with a program that inspires leadership, healthy habits, and new friendships all at once.

- **Location:** Miller School
- **Practice Days:** Mon./Thurs. 3:30-5:00pm
- **Site Contact:** Megan Cormier (megan_cormier@rsu40.org)
- **The Program Runs:** 4/2-6/2/2024
- **Financial Assistance Is Available:** Girls on the Run-Maine uses a sliding scale ranging from \$20-\$160 to set the participant fee.

Build confidence that lasts a lifetime.

girlsontherunmaine.org

SIGN UP, STARTING 2/1!

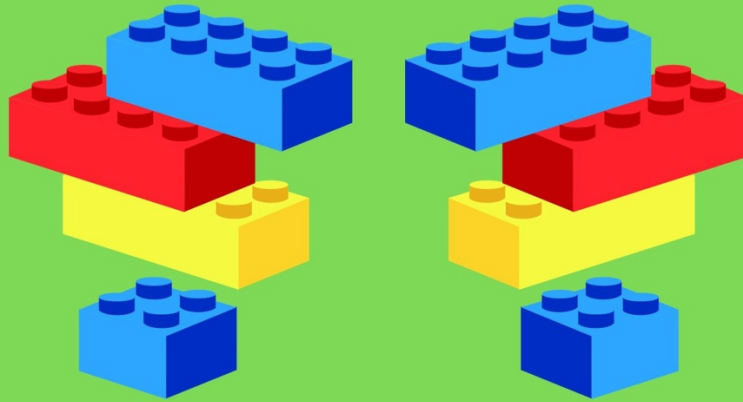


Waldoboro Public Library

LEGO Club

Every other Friday 3:30- 4:30 PM

Ages 6-12



Reading Comes Alive with Yoga!



Second Saturday of the month

9:30AM

Ages 3-6



Stories combined with
creative movement with
yoga instructor Miss Patti.



When using ParentSquare to contact the office, please use “miller office” (no quotes) so all office staff will receive the messages.

 **Parent Reminder** 

Changes to Dismissal Plans?

**Please call the Office BEFORE
2:30 pm @ 832-2103**

More Parent Reminders

Student Drop Off @ 8:30 am

Classes Begin @ 8:45 am

Afternoon Pickups @ 3:10 pm

Dismissal to Buses @ 3:15 pm



**NO last-minute office pickups after 2:45
unless emergency**



SEEKING

Big Brother/Big Sister Miller School Site-Based Mentoring Coordinator

Big Brothers Big Sisters of Mid-Maine's (BBBSMM) Site-Based Mentoring program (SBM) matches high school students (Bigs) in one-to-one relationships with elementary school-aged youth (Littles).

They spend time together on Tuesdays from 3:15 - 4:15 at Miller School for one hour after school.

BBBSMM requires that these matches/after-school programs are supervised and supported at all times by a screened and trained adult volunteer known as the **Site Coordinator**.

What do coordinators do?

- Supervise weekly meetings between Bigs & Littles to ensure match quality, healthy relationship development, and child safety.
- Arrive approximately 15 minutes early to greet all Bigs & Littles and record attendance, distribute snacks, and supplies.
- Communicate with BBBS program staff weekly to share details of the program, attendance, questions, success, etc.

If interested, please contact
BB/BS Program Manager
Katelyn Robbins

207.518.8396

katelyn@bbbsmidmaine.org

Lunch Calendar- January

Milk is **FREE** for students who bring their own lunch

LUNCH					JANUARY 2024					Vegetable, Fruit and Milk served with every meal WG = whole grain Second Milk is \$.50				
Monday		Tuesday		Wednesday		Thursday		Friday						
1 NO SCHOOL		2 Chickenburger Chips Or PB & J Chips		3 Hot Dog W / Roll Baked Beans or PB & J		4 Home-Made Mac & Cheese WG Breadstick or PB & J		5 Open Face Turkey & Gravy Sandwich Or PB & J						
8 Grilled Cheese Cole-Slaw Or Turkey & Cheese Roll		9 Cheese or Sausage Pizza Or Turkey & Cheese Roll		10 Hamburger Chips Or Turkey & Cheese On a Roll / Chips		11 Ham Calzone Or Turkey & Cheese Roll		12 Chicken Nuggets W / Dipping Sauce Or Turkey & Cheese Roll						
15 NO SCHOOL		16 Corn-dog Cobbies Or Tuna Roll		17 Beef Stew WG Roll Or Tuna Roll		18 German Day! Sausages German Hot Potato No Second Choice		19 Teriyaki Chicken Burger Or Tuna Roll						
22 Cordon Bleu Poppers Tater Tots Or Turkey & Cheese Roll		23 Cheese Pizza Or Turkey & Cheese Roll		24 Chicken Quesadilla Or Turkey & Cheese Roll		25 American Chop Suey WG Roll Or Turkey & Cheese Roll		26 Chicken Fries W / Dipping Sauce Potato Salad Or Turkey & Cheese Roll						
29 BBQ Pulled Pork Roll Or PB & J		30 Cheese or Bacon Pizza Or PB & J		31 Chili in Bread Bowl Or PB & J										

"This institution is an equal opportunity provider"
Menu subject to change according to availability of food.

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com

BOX TOPS FOR EDUCATION EARN CASH FOR YOUR SCHOOL WHEN YOU...

BUY IN STORE	BUY ONLINE
 BUY Box Tops Products	1 SIGN UP on the app or at BTFE.com
 SCAN your store receipt	2 SHOP online
 EARN Box Tops for your school	3 FORWARD your digital receipt
	4 EARN Box Tops for your school